



Kimberley School of the Air



School News

Term 2, Issue 4

11th June 2018

Important Dates

26th June–

Crazy Hair Day

29th June–

Last Day of Term 2

16th July-

Staff Development Day

17th July –

Air Lessons commence

Principal news

Term 2 has been a mixture of visits, camps and good quality teaching. It still has a little while to run, but one needs to factor in that it is only a 9 week term. There are more visits scheduled and hopefully the classroom teachers will keep you fully informed as to where they are going and what that means for air lessons.

As I have stated in earlier communications, the number of visits we carry out when the country opens up will sometimes mean that air lessons are compromised. While the loss of some air lessons is regrettable the value of home visits mean that we remain committed to them.

Reports

Reports will be sent home this term. We are hopefully going to be able to send home an electronic and a hard copy this time. Families at KSOTA get a good level of written feedback from teachers. The set and visit reports that I read always contain good quality feedback. I am hoping that Home Tutors and Parents read the comments when they arrive. People on the ground at home should always feel free to contact the teacher if things are unclear.

Canberra Camp

The Canberra camp is during Term 3. The camp runs across weeks 6 & 7 (23rd August – September 2nd) and the children from KSOTA will be joining with children from Meekatharra School of the Air. All children in Year 5 & 6 2018 are eligible to go on the camp. Like most trips away the camp begins and ends at Broome Airport. Children attending will make their way to the airport and will be returned to their carers at the Broome airport when they return. The KSOTA P&C have worked incredibly hard to fund the trip. I would like to publicly acknowledge their efforts and thank them on behalf of the school for their efforts. They would like that each child attending pays the school \$300 to help with the funding of the trip. The school will then pass that amount onto the P&C.

As we get closer to the time information packs will be sent to each family.

May I ask the parents of the children in Year 5 & 6 to let Kerry Doust know asap that they intend their child to attend so that we can start booking airline tickets.

School Council meeting

I would like to have our School Council Meeting for the term next Monday 18th June at 3.30 pm in the Muster Room.

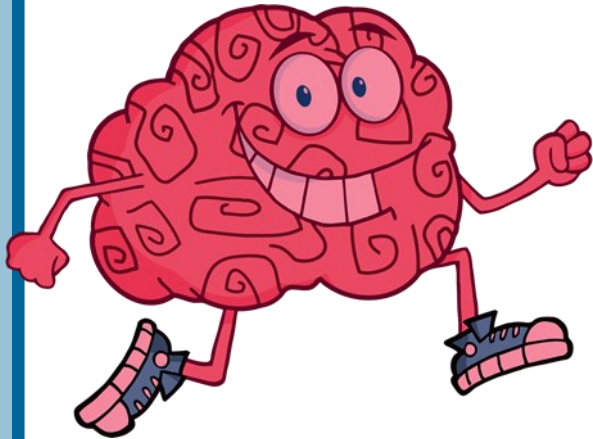
Assembly

Our whole school assembly will be in the Muster Room on Tuesday 26th June. Stand by for some exciting news about this assembly!

Mr Noble

From the STL

Brain Breaks



What are Brain Breaks?

Brain Breaks are planned breaks from tasks that require a high level of student concentration. They are short activities (five minutes or so) that utilise other parts of the brain and usually involve physical activity to help us come back to the task reenergised and ready to learn. A break may involve simply getting up and moving around or playing a game or having a dance. Brain breaks should be engaging for the child so base it around what is energising for the student.

Why are Brain Breaks important in learning?

When we are focused on a task- particularly in learning new information- it places a cognitive load on our brain. We are working hard to understand and remember the information coming in, but just like with physical tasks when our body becomes tired, the same thing happens with our brain and we can find ourselves 'daydreaming' or struggling to remain on task.

When should they be used?

Brain breaks should take place before you notice a child getting bored and distracted. Depending on the child and their age this will vary. Generally primary school aged children should not go longer than 20 to 30 minutes of concentrated work without a brain break.

Examples of brain breaks

Drawing

Singing a song

Jumping rope

Throwing a ball around

Stretching or yoga

Dancing

Thanks to Cortney Sonter (Rory and Will's Home tutor) for recommending [GoNoodle.com](https://www.gonoodle.com) as a great resource for brain breaks.

Please have a look at the attached Resilience Parent Information sheet produced by KidsMatter. Developing resilience in children is a tricky thing to do but an essential skill in order for children to be able to 'bounce back' when facing life's challenges.

